



## SOPA | SOUP

<b>CREME DE LEGUMES</b> VEGETABLE CREAM	6,50€
<b>CREME DE TOMATE</b> TOMATO SOUP	6,50€
<b>SOPA FRIA DE CARIL</b> COLD CURRY SOUP	7,50€



## SALADAS | SALADS

<b>SALADA CAESAR COM FRANGO</b> Alface, molho caesar, frango fatiado, parmesão, bacon, croutons CHICKEN CAESAR SALAD Lettuce, caesar dressing, sliced chicken, parmesan, bacon, croutons	14,00€
<b>SALADA CAESAR COM CAMARÃO</b> Alface, molho caesar, camarão, parmesão, bacon, croutons SHRIMP CAESAR SALAD Shrimp, lettuce, Caesar dressing, parmesan, bacon, croutons	16,00€
<b>SALADA CAESAR DE CLÁSSICA</b> Alface, molho caesar, parmesão, bacon, croutons CLASSIC CAESAR SALAD Lettuce, caesar dressing, parmesan, bacon, croutons	11,00€
<b>SALADA CAPRESE</b> Tomate, mozzarella, pesto, rúcula e pinhões CAPRESE SALAD Cherry tomato, mozzarella, pesto, rocket and pine nuts	12,50€
<b>SALADA DE RÚCULA</b> Rúcula, presunto, queijo feta e tomate cherry ROCKET SALAD Rocket, smoked ham, feta, cherry tomato	14,50€
<b>SALADA MISTA</b> Alfaces variadas, tomate, pepino, cebola MIXED SALAD Lettuce mix, tomato, cucumber, onion	9,50€
<b>SALADA DE SALMÃO</b> Alface, queijo fresco, salmão, ovo cozido, cebola, tomate SALMON SALAD Lettuce, soft cheese, salmon, boiled egg, onion, tomato	14,50€
<b>SALADA DO CHEF</b> Alface, ovo cozido, tomate, frango, queijo, bacon, croutons, cebola, rúcula CHEF'S SALAD Lettuce, boiled egg, tomato, chicken, cheese, bacon, croutons, onion, rocket	13,50€



## HAMBURGUERES \* | BURGERS \*

<b>HAMBURGUER VEGETARIANO</b> VEGETARIAN BURGER	15,50€
<b>HAMBURGUER MARRIOTT</b> MARRIOTT BURGER	17,00€
<b>HAMBURGUER DE FRANGO</b> CHICKEN BURGER	16,00€



## MASSA | PASTA

<b>ESPARGUETE OU PENNE</b> <b>SIMPLES OU COM MOLHO BOLONHESA, NAPOLITANA OU CARBONARA</b> (escolha a massa e o molho) SPAGHETTI OR PENNE, PLAIN OR WITH BOLOGNESE, NAPOLITAN OR CARBONARA SAUCE (choose your pasta and sauce)	12,00€
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## SANDUICHES E TOSTAS | SANDWICHES AND TOASTS

<b>TOSTA MISTA *</b> HAM AND CHEESE TOAST *	7,50€
<b>SANDUÍCHE DE FRANGO *</b> Frango, maionese, tomate, alface CHICKEN SANDWICH * Chicken, tomato, lettuce, mayonnaise	12,50€
<b>SANDUÍCHE DE ATUM *</b> Atum, maionese, alface, tomate, cebola roxa TUNA SANDWICH * Tuna, mayonnaise, lettuce, tomato, purple onion	12,50€
<b>SANDUÍCHE DE SALMÃO *</b> Salmão, pepino, cornichous, queijo crême, alface SALMON SANDWICH * Salmon, cucumber, cornichous, cream cheese, lettuce	14,50€
<b>SANDUÍCHE CLUB *</b> Peito de frango, tomate, bacon, alface, ovo e maionese CLUB SANDWICH * Chicken breast, tomato, bacon, lettuce, egg and mayonnaise	15,50€
<b>PANINI DE TOMATE E MOZARELLA COM PESTO *</b> MOZZARELLA AND TOMATO PANINI WITH PESTO SAUCE *	13,50€
<b>CHAPATA DE TOMATE **</b> Presunto, queijo creme, mozzarella e rúcula TOMATO "CHAPATA" BREAD ** Smoked ham, cream cheese, mozzarella and rocket	14,50€
<b>CHAPATA DE AZEITONA COM CAVALA **</b> Queijo creme, rúcula e cebola avinagrada OLIVE "CHAPATA" BREAD ** Mackerel, cream cheese, rocket and vinegary onion	15,75€

\* Acompanha com batata frita/ Comes with french fries

\*\* Acompanha com salada/ Comes with salad



## SNACKS

<b>PREGO BLACK ANGUS em baguete *</b> BLACK ANGUS STEAK SANDWICH in a baguette *	15,50€
<b>PITA KAFTA DE FRANGO *</b> CHICKEN PITA KAFTA *	13,50€
<b>PITA KAFTA DE BORREGO *</b> LAMB PITA KAFTA *	15,00€



## PARA PICAR | TAPAS

<b>ASINHAS DE FRANGO, molho barbecue</b> CHICKEN WINGS with barbecue sauce	9,50€
<b>CREPES CHINESES</b> com molho agridoce CHINESE CRÊPES with sweet chilli sauce	7,50€
<b>CALAMARES com maionese de alho</b> SQUID CALAMARES with garlic mayonnaise	8,50€
<b>ESCOLHA PORTUGUESA, bacalhau, alheira e leitão</b> PORTUGUESE CHOICE, codfish, Portuguese sausage and suckling pig	8,75€



## EXTRAS

<b>BATATAS FRITA</b> FRENCH FRIES	3,00€
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## CANTO SAUDÁVEL | HEALTHY CORNER

<b>WRAP DE TOMATE SECO, PESTO, QUEIJO BRANCO E RÚCULA **</b> DRY TOMATO WRAP, PESTO, WHITE CHEESE AND ROCKET **	12,75€
<b>WRAP DE FRANGO TANDOORI, QUEIJO BRANCO E RÚCULA **</b> CHICKEN TANDOORI WRAP, WHITE CHEESE AND ROCKET **	14,50€
<b>WRAP DE CARIL DE FRANGO, QUEIJO BRANCO E RÚCULA **</b> CHICKEN CURRY WRAP, WHITE CHEESE AND ROCKET **	14,00€
<b>SALADA VEGETARIANA</b> Rúcula, queijo feta, tomate cherry VEGETARIAN SALAD Rocket, feta, cherry tomato	10,50€
<b>SANDUÍCHE VEGETARIANA **</b> Molho de iogurte, alface, tomate, falafel VEGETARIAN SANDWICH ** Yogurt sauce, lettuce, tomato, falafel	11,50€

\* Acompanha com batata frita/ Comes with french fries

\*\* Acompanha com salada/ Comes with salad



## PIZZAS

<b>PIZZA MARGARITA</b> Queijo/ oregãos <i>MARGARITA PIZZA Cheese/ oregano</i>	13,50€
<b>PIZZA REGINA</b> Queijo/ fiambre/ oregãos <i>"REGINA" PIZZA Cheese/ ham/ oregano</i>	15,50€
<b>PIZZA DIAVOLO</b> Queijo/ salame/pimento chili/oregãos <i> DIAVOLO PIZZA Cheese/ salami/ chilli pepper/ oregano</i>	16,50€
<b>PIZZA HAWAI</b> Queijo/ fiambre/ ananás/ oregãos <i>HAWAI PIZZA Cheese/ ham/ pineapple/ oregano</i>	16,50€
<b>PIZZA DE FRANGO</b> Queijo/ peito de frango assado/ pimentos/ cebola/ chili/ oregãos <i>CHICKEN PIZZA Cheese/ grilled chicken breast/ pepper/ onion chilli/ oregano</i>	15,50€
<b>PIZZA MEDITERRANEA</b> Queijo mozzarella/ beringela/ curgete/ pimentos/ cebola/ oregãos <i>MEDITERRANEAN PIZZA Mozzarella cheese/ eggplant/ courgette/ peppers/ onion/ oregano</i>	15,50€



## MENU INFANTIL | KIDS MENU

<b>CREME DE LEGUMES / VEGETABLE CREAM</b>	5,50€
<b>SALADA DE FRANGO</b> <i>CHICKEN SALAD</i>	9,00€
<b>ESPARGUETE À NAPOLITANA</b> <i>SPAGHETTI À LA NEAPOLITAN</i>	9,50€
<b>ESPARGUETE À BOLONHESA</b> <i>SPAGHETTI BOLOGNAISE</i>	9,50€
<b>NUGGETS DE FRANGO *</b> <i>CHICKEN NUGGETS *</i>	9,75€
<b>DOURADINHOS DE PEIXE *</b> <i>FISH STICKS *</i>	10,50€
<b>HAMBURGUER DE NOVILHO NO PRATO *</b> <i>BEEF BURGER ON THE PLATE *(WITHOUT THE BUN)</i>	10,50€
<b>BIFE DE NOVILHO GRELHADO *</b> <i>GRILLED BEEF STEAK *</i>	12,75€
<b>PEITO DE FRANGO GRELHADO *</b> <i>GRILLED CHICKEN BREAST *</i>	10,75€
<b>MINI PIZZA MARGARITA</b> <i>KIDS PIZZA MARGARITA</i>	10,50€

# POOL BAR

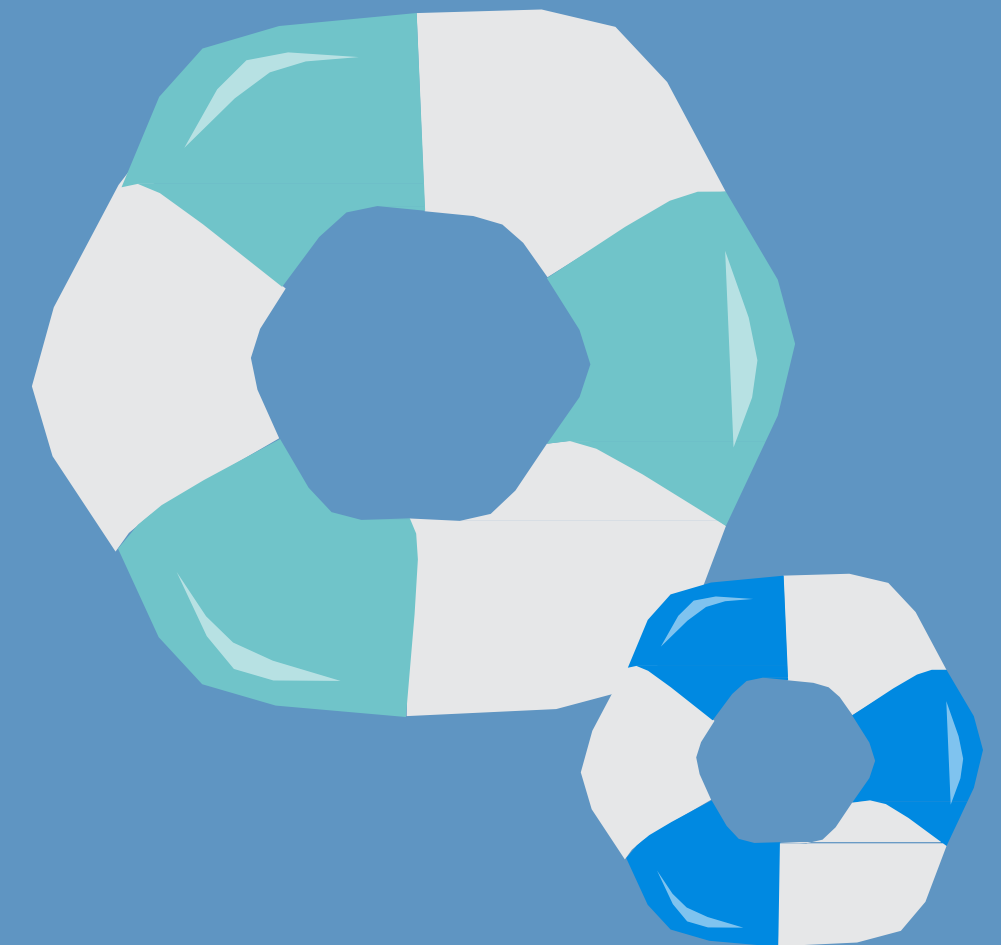
# MENU

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## SOBREMESAS | DESSERTS

<b>SOBREMESA DO DIA</b> <i>DESSERT OF THE DAY</i>	7,00€
<b>BOLO DE CHOCOLATE SEM GLÚTEN</b> <i>GLUTEN FREE CHOCOLATE CAKE</i>	7,50€
<b>SALADA DE FRUTA</b> <i>FRUIT SALAD</i>	6,50€
<b>GELADOS BEN &amp; JERRY'S</b> <i>BEN &amp; JERRY'S ICECREAM</i>	3,50€
<b>TAÇA DE GELADO   ICE CREAM BOWL</b>	
1 BOLA   SCOOP	3,00€
2 BOLAS   SCOOPS	5,50€
3 BOLAS   SCOOPS	8,00€



Se tiver algum problema relacionado com alergias alimentares, por favor alerte o seu empregado de mesa antes de fazer o seu pedido.

*If you have any concerns regarding food allergies, please alert your server prior to ordering.*

Nenhum prato, produto alimentar ou bebida, incluindo o couvert, pode ser cobrado se não for solicitado pelo cliente ou por este for inutilizado.

*No dish, food or drink, including couvert can be charged if not requested or unused by the client.*

PREÇOS EM EUROS COM IVA À TAXA LEGAL EM VIGOR  
PRICES IN EUROS WITH VAT INCLUDED

